



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Paper Chase 10 km Distance 10 km
 Location (City) Port Alberni (Province) British Columbia
 Type of course: road race calibration track Configuration keyhole(out/loop/back)
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Altitude (feet/metres above sea level) Start 82 m Finish 84 m Highest 120 m Lowest 82 m
 Straight line distance between start & finish 100 m Drop -0.2 m/km Separation 1 %
 Measured by (name, address, & phone) Paul Adams #55 - 678 Citadel Drive,
Port Coquitlam, B.C., V3C 6M7 604-945-4604
 Race Director (name, address, phone, email, web site) David Paruk 2311 - 9th Avenue
Port Alberni, B.C., V9Y 7L7 250-723-2179
 Measuring methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: Two Date(s) when course measured: March 27, 2007
 Race date: _____ Course paperwork postmark date: March 29, 2007
 Certification code: BC-2007-014-BDC
 Replaces _____ (if applicable)

Notice to Race Director
 Use this Certification Code in *all* public
 announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

Automatic Expiration — This certification automatically expires ten years after date of issue.

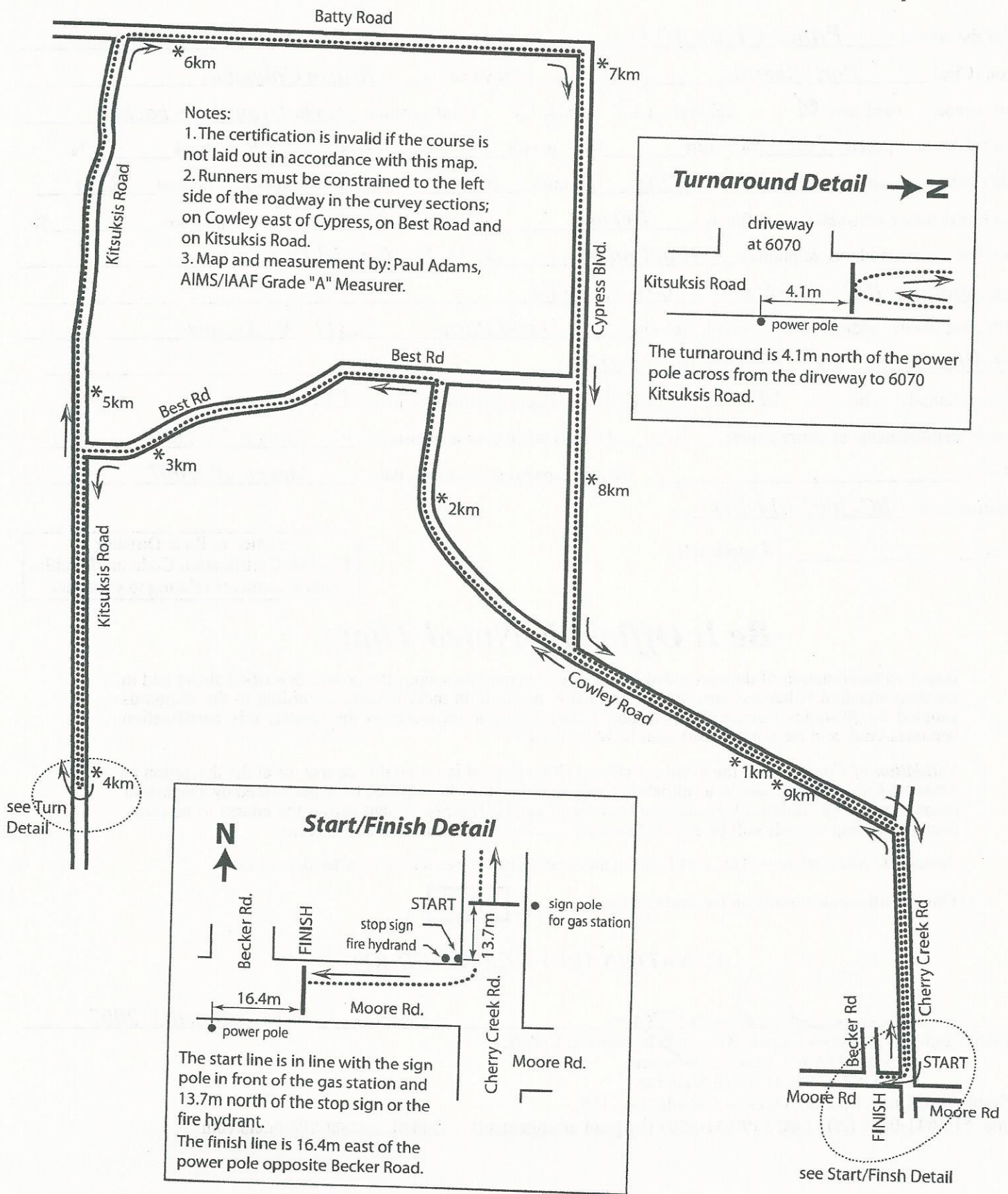
This Certification expires on December 31 in the year 2016

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: April 3, 2007
 Bernard Conway - Athletics Canada/Run Canada National Certifier
 - IAAF/AIMS Grade A Measurer
 - USATF/RRTC Final Signatory
 67 Southwood Cres., London, Ontario, Canada, N6J 1S8
 Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: measurer@rogers.com

Paper Chase 10km - Port Alberni - April 22, 2007

Athletics Canada Certified #BC-2007-014-BDC



Notes:
 1. The certification is invalid if the course is not laid out in accordance with this map.
 2. Runners must be constrained to the left side of the roadway in the curvey sections; on Cowley east of Cypress, on Best Road and on Kitsuksis Road.
 3. Map and measurement by: Paul Adams, AIMS/IAAF Grade "A" Measurer.

