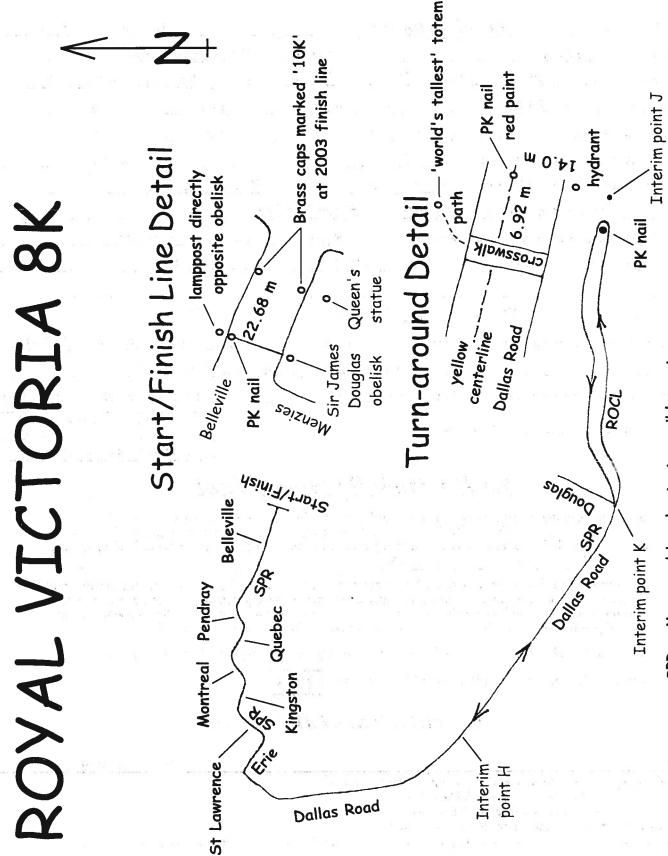


Athletics Canada/Run Canada RECEIVED NOV 1 5 2004

Measurement Certificate

Name of the course Royal Victoria 8K	Distance 8 km
Location (City) <u>Victoria</u> (Province) <u>British Columbia</u>	
Type of course: road race ⊠ calibration □ track □ Configur	ation_Same out/back one time
Type of surface: paved 100 % dirt % gravel %	grass% track%
Altitude (feet/metres above sea level) Start 5.6 Finish 5.6	Highest 22.9 Lowest 3.7
Straight line distance between start & finish Drop	0 Separation 0 %
Measured by (name, address, & phone) Laurie Upton 710 Bi	rookridge Place
Victoria British Columbia V8Z 3B9 (250)479-6872	
Race Director (name, address, phone, email, web site) Rob Reid	c/o Front Runners
1200 Vancouver St. Victoria B.C. V8V 4X3 (250	0)382-8181
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐	
Number of measurements of entire course: <u>two</u> Date(s) when course measured: <u>July 13 & Sept. 26, 2004</u>	
Race date: Course paperwork postmark date: Oct. 2004	
Gerence between two best measurements of the course: 0.76 m Certification code: BC-2004-086-BDC	
Replaces (if applicable)	Notice to Race Director Use this Certification Code in <i>all</i> public announcements relating to your race.
Be It Officially Noted That	
Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If any changes are made to the course, this certification becomes void, and the course must then be recertified.	
Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.	
Automatic Expiration — This certification automatically expires ten years after date of issue.	
This Certification expires on December 31 in the year 2013	
AS NATIONALLY CERTIFIED	D BY: Date: Nov. 9, 2004
Bernard Conway - Athletics Canada/Run Canada National Certifier - IAAF/AIMS Grade A Measurer - USATF/RRT C Final Signatory 67 Southwood Cres., London, Ontario, Canada, N6J 188	
Phone: 519-641-6889 (H) 519-633-0090 (W) Fax: 519-633-4887 E-mail: measurer@ican.net	



ROCL = Measured to the right side of the yellow painted road centerline SPR = Measured by shortest possible route