



Athletics Canada/Run Canada RECEIVED MAR 30 2005

Measurement Certificate

Name of the course Shaughnessy 8 km Run Distance 8 km

Location (City) Vancouver (Province) British Columbia

Type of course: road race calibration track Configuration Complex of different loops

Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %

Altitude (feet/metres above sea level) Start 70 Finish 70 Highest 90 Lowest 70

Straight line distance between start & finish 42 m Drop 0 m/km Separation 0.5 %

Measured by (name, address, & phone) Paul Adams #55-678 Citadel Drive Port Coquitlam, BC
V3C 6M7 (604)945-4604

Race Director (name, address, phone, email, web site) Geoffrey Buttner #4500 Clarence Taylor Crescent
Delta City, BC (604)739-9182

Measuring methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: Two Date(s) when course measured: Feb. 23, 2005

Race date: _____ Course paperwork postmark date: March 21, 2005

Certification code: BC-2005-008-BDC

Replaces _____ (if applicable)

Notice to Race Director
Use this Certification Code in **all** public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

Automatic Expiration — This certification automatically expires ten years after date of issue.

This Certification expires on December 31 in the year **2015**

AS NATIONALLY CERTIFIED BY:

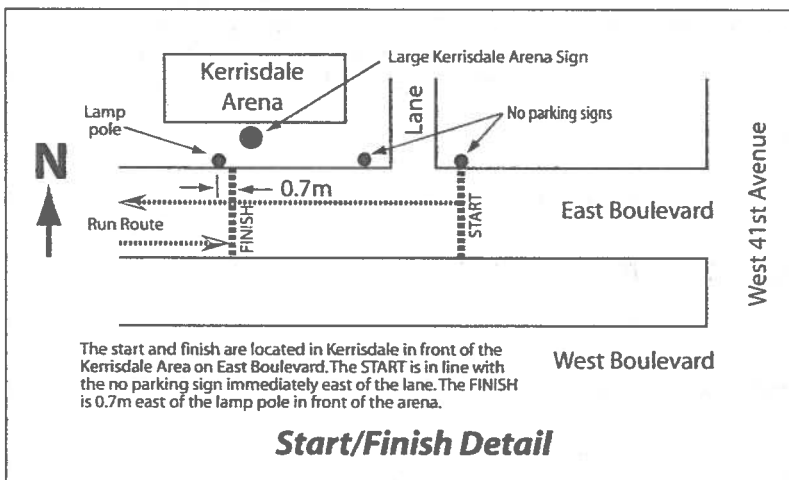
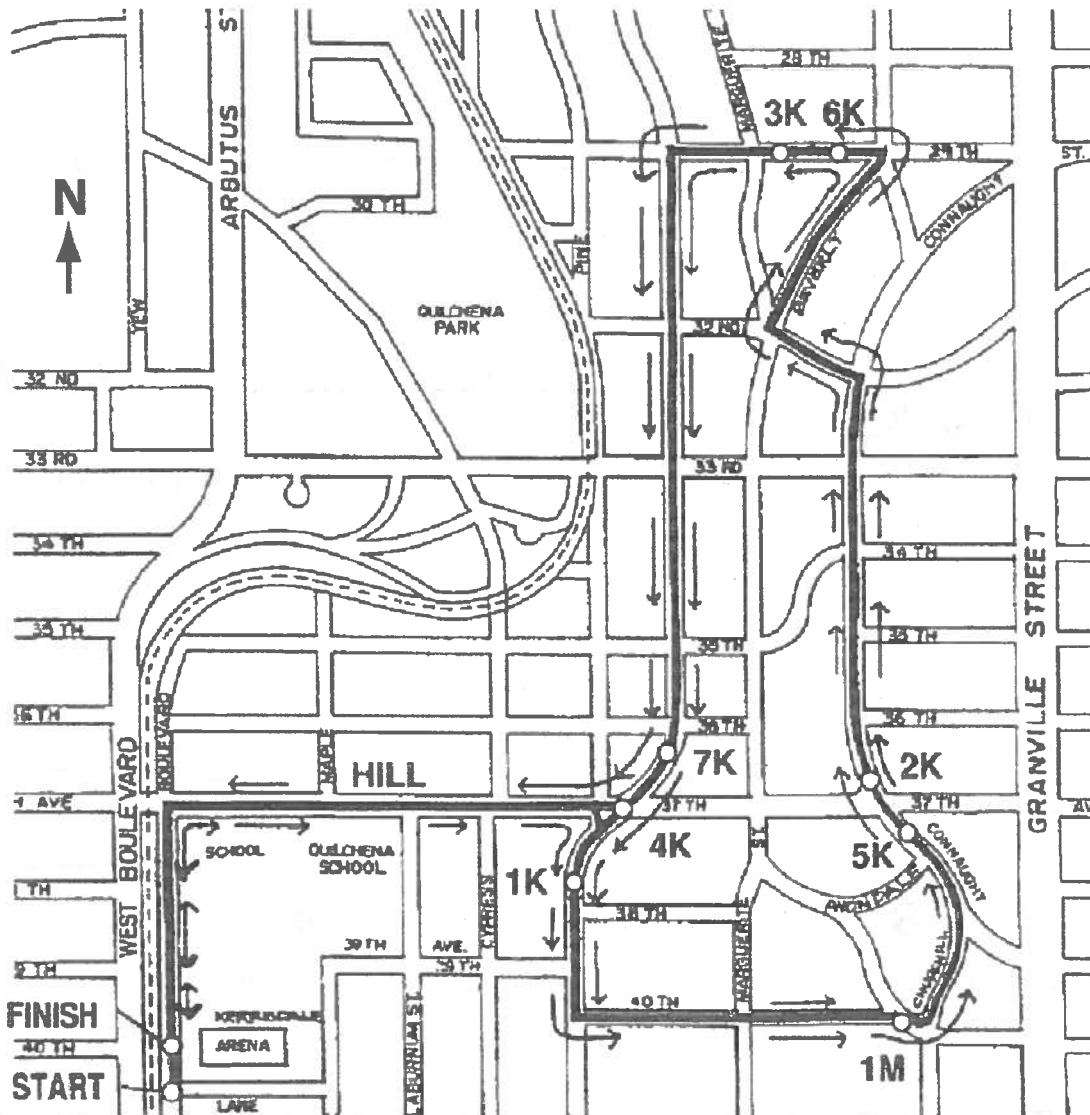
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: March 23, 2005

67 Southwood Cres., London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: measurer@rogers.com

Shaughnessy 8km Run / 5km Walk
Vancouver BC - May 29, 2005
Athletics Canada Certification #BC-2005-___-BDC



Notes:

1. The course must be laid out in accordance to this map for the certification to be valid.
2. Runners can follow the shortest route throughout the race.
3. The 8km certified route includes 2 loops of the loop from 37th and Angus.
4. The 5km uncertified route includes only one loop from 37th and Angus and is actually only 4.9 km.

Measured by: Paul Adams, AIMS/IAAF Grade "A" Measurer