



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course The Dam Hill Run 100 km
Certificate number ON-2022-010-DRY Distance 100 km Race date Sep 18, 2022
City London Province ON
Race contact name Leo DeSumma Race contact email leodesumma@gmail.com

Course Information

Start elevation 243 m Finish elevation 237 m
Elevation change (m/km) -0.06 m/km Percent separation 0.8%

Measurer Information

Measurer name Bernard Conway measurer@rogers.com 519-641-6889
Measurement date Apr 05, 2022 Expiry date Dec 31, 2031

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

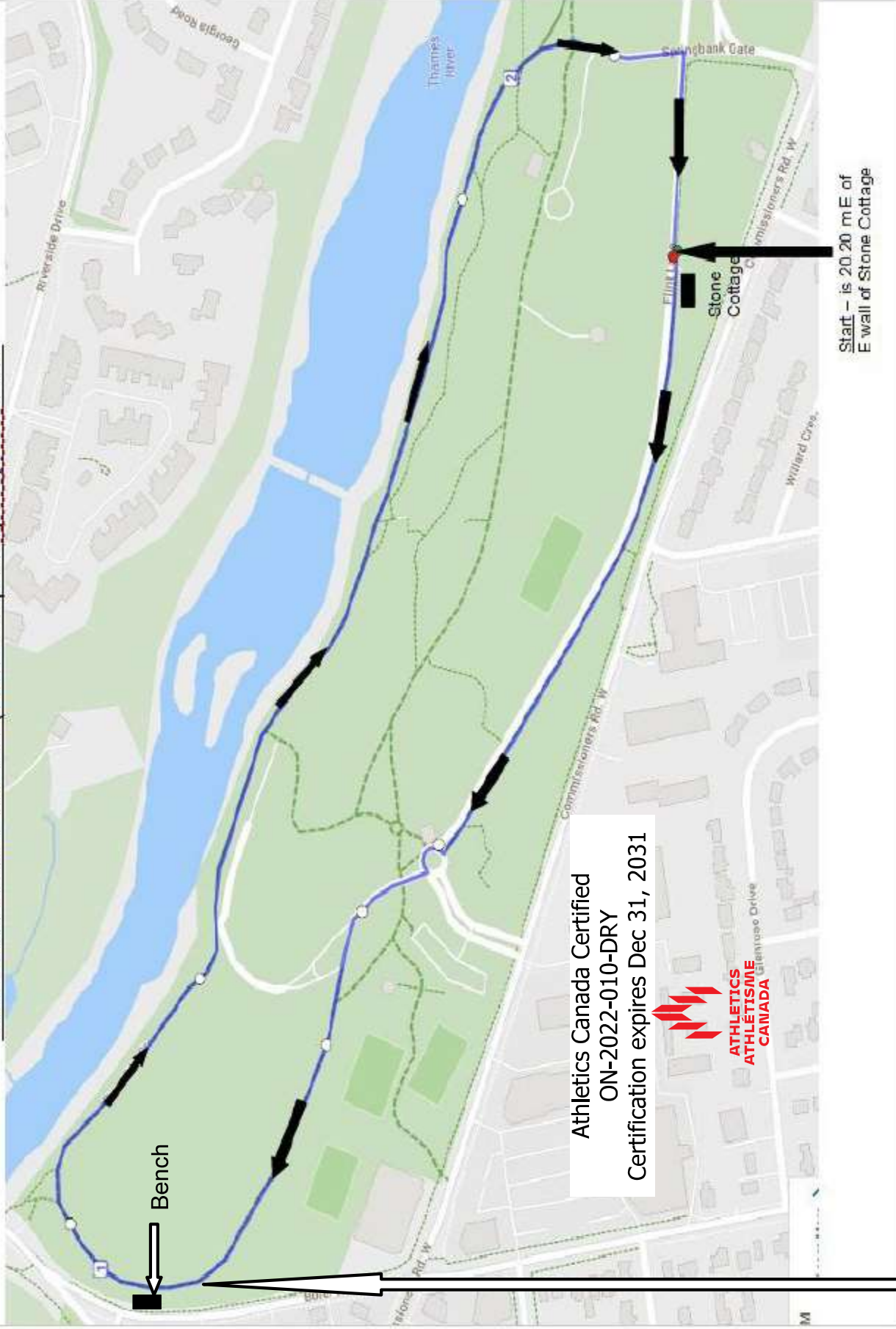
As Nationally Certified by

 June 2, 2022
Signature of certifier Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



The Dam Hill Run 100 km (West Loop of Springbank Park)



Finish – is 30.7 m SE of the bench on the N-S section of the upper road at the west end of Springbank Park

Runners run 44 laps and on the 45th lap they go to the Finish