



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

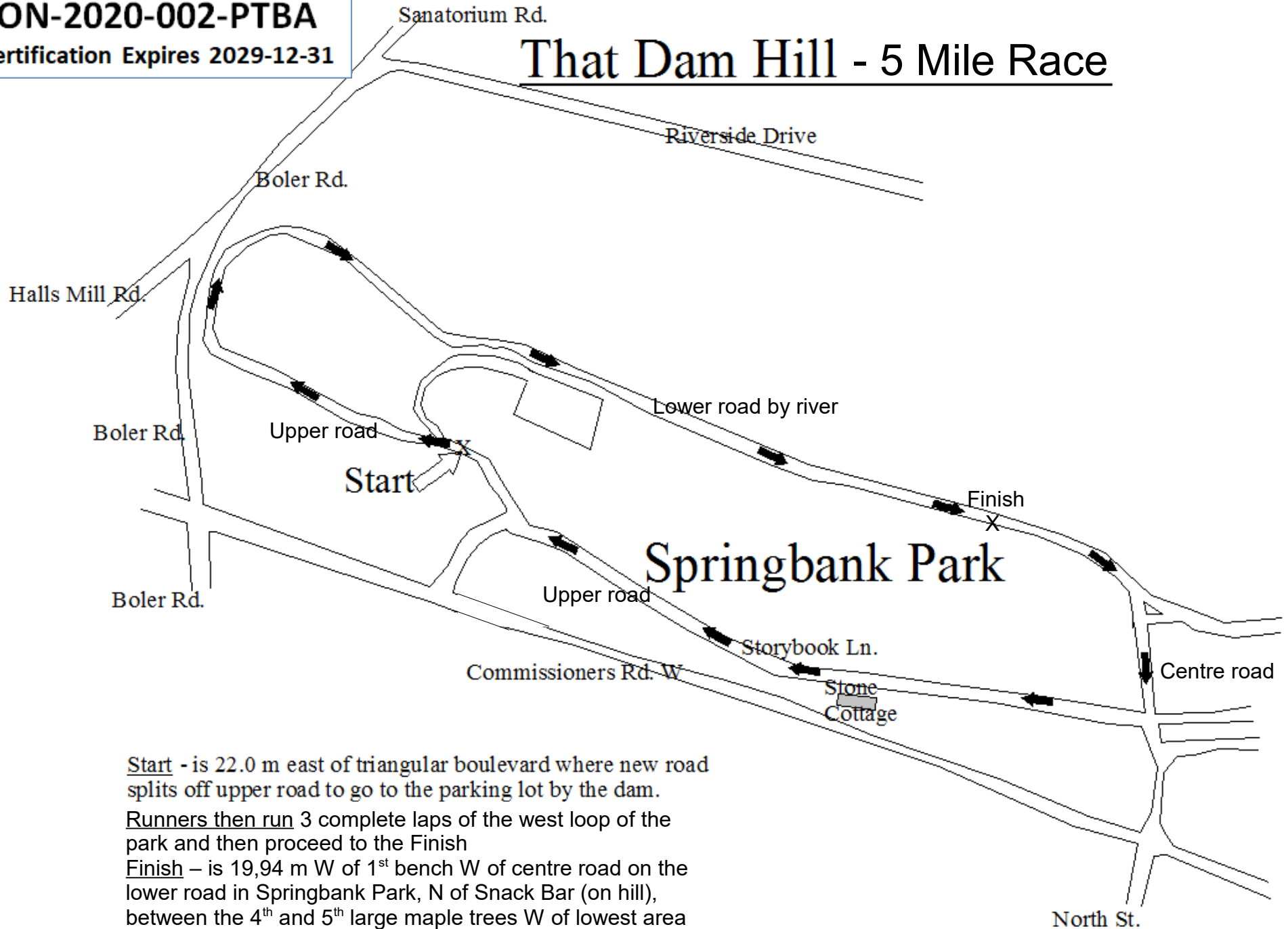
Signature of certifier  Paul T.B. Adams _____ Date _____

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Athletics Canada Certified
ON-2020-002-PTBA
Certification Expires 2029-12-31

That Dam Hill - 5 Mile Race



Start - is 22.0 m east of triangular boulevard where new road splits off upper road to go to the parking lot by the dam.
Runners then run 3 complete laps of the west loop of the park and then proceed to the Finish
Finish - is 19.94 m W of 1st bench W of centre road on the lower road in Springbank Park, N of Snack Bar (on hill), between the 4th and 5th large maple trees W of lowest area along the lower road where road starts to slope up.