



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course HBIA 5K  
Certificate number ON-2019-018-DRY Distance 5 km Race date June 15, 2019  
City Hamilton Province ON  
Race contact name Jeff Laskey 416-970-5333 Race contact email jwlaskey@gmail.com

### Course Information

Start elevation 75 m Finish elevation 75 m  
Elevation change 0 m/km Percent separation 0%

### Measurer Information

Measurer name Keith Secor kdsecor@hotmail.com 519-632-8268  
Measurement date May 14, 2019 Expiry date December 31, 2028

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

\_\_\_\_\_  
Signature of certifier *Dave Jaeger* \_\_\_\_\_  
Date May 28, 2019  
Date

Any inquiries regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# HBIA 5K Route - Hamilton



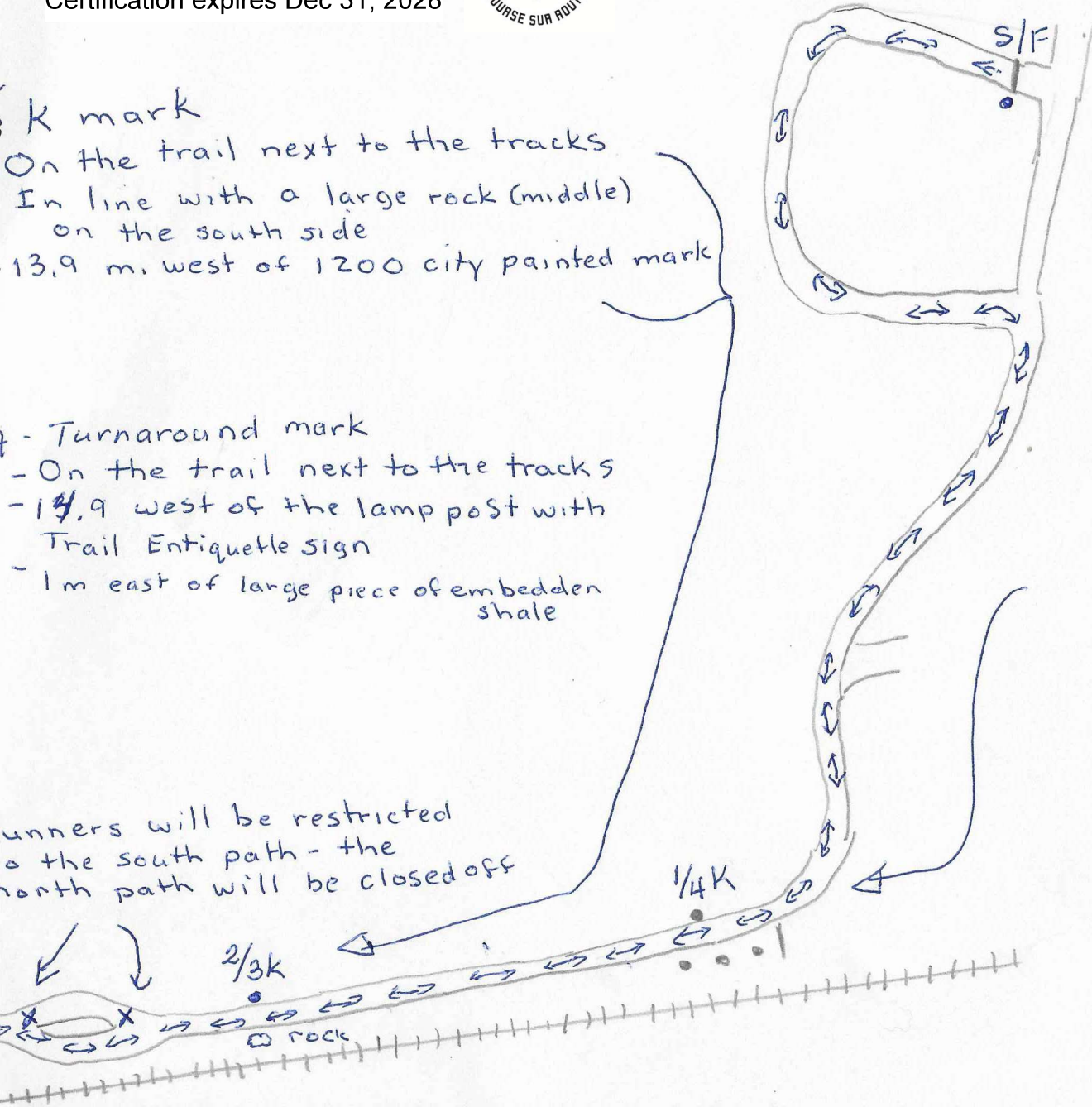
Athletics Canada Certified  
 ON-2019-018-DRY  
 Certification expires Dec 31, 2028



0.5 K mark  
 On the trail next to the tracks  
 In line with a large rock (middle)  
 on the south side  
 13.9 m. west of 1200 city painted mark

1 K - Turnaround mark  
 - On the trail next to the tracks  
 - 14.9 west of the lamp post with  
 Trail Etiquette sign  
 - 1 m east of large piece of embedded  
 shale

Runners will be restricted  
 to the south path - the  
 north path will be closed off



Start/Finish - S/F  
 in line with lamp post  
 with sign "Trail Etiquette"  
 on it.

1/4 K mark

- On the trail next to  
 the tracks  
 - 11.5 m. west of the  
 200 city painted mark  
 - 15.5 m. east of the  
 3 lamp post from the  
 fence gate on the  
 South side