



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier



Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca





TORONTO MARATHON - 10 KM

- Start Prince Island Cres – at middle of S side of the Better Living Centre. See Detail.
- 1 km Manitoba Dr - N side 12m E of Fire Hydrant E of Nova Scotia Dr.
- 2 km Remembrance Dr - N side 10m W of where paved MGT diverges to follow Lakeshore Blvd. At first square wood post W of Strachan Ave.
- 3 km Lakeshore Blvd - S side 8.7m W of pole 257. West of New Brunswick Dr.
- 4 km Lakeshore Blvd - S side 9m W of pole 321 Just East of British Columbia Dr.
- 5 km Lakeshore Blvd - S side 9m W of pole 427 Just W of the legion.
- 6 km Lakeshore Blvd - S side 1m E of pole 521 by fire hydrant.
- Turn From Lakeshore Blvd to MGT across grass. Located between Poles 316 and 314 on N side of LSB.
- 7 km Martin Goodman Trail - N side 2m W of Palais Royale entrance on W side of building.
- 8 km Martin Goodman Trail - N side 10m W of pole 401. Just W of Oarsman Dr.
- 9 km Paved path adjacent to Lake - N side 5m W of 1st light pole on S side W of where path splits at E end of Marilyn Bell Park. Look for pole 303 to the north.
- 10 km Prince Edward Island Cres - E side just N of stairway at S/W corner of Better Living Centre. See Detail.

Notes:

- 1) Runners go west (out) on Lake Shore Blvd and east (return) on Martin Goodman Trail and bike path.
- 2) Runners use full roadway except:
 - Manitoba Dr – half road;
 - Strachan Ave – half road;
 - Lake Shore Blvd – eastbound curb lane only.

Start and Finish Detail

