



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course TC10K

Certificate number BC-2019-019-DRY Distance 10 km Race date April 28, 2019

City Victoria Province BC

Race contact name Trish Fougner 250-472-6482 Race contact email trish@tc10k.com

Course Information

Start elevation 10 m Finish elevation 6 m

Elevation change -0.4 m/km Percent separation 1.9%

Measurer Information

Measurer name Gary Duncan 250-721-2912 gary.duncan@telus.net

Measurement date March 17 and April 21, 2019 Expiry date December 31, 2028

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

Dave Jaeger

Date

June 4, 2019

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Athletics Canada Certified
 BC-2019-019-DRY
 Certification Expires Dec 31, 2028

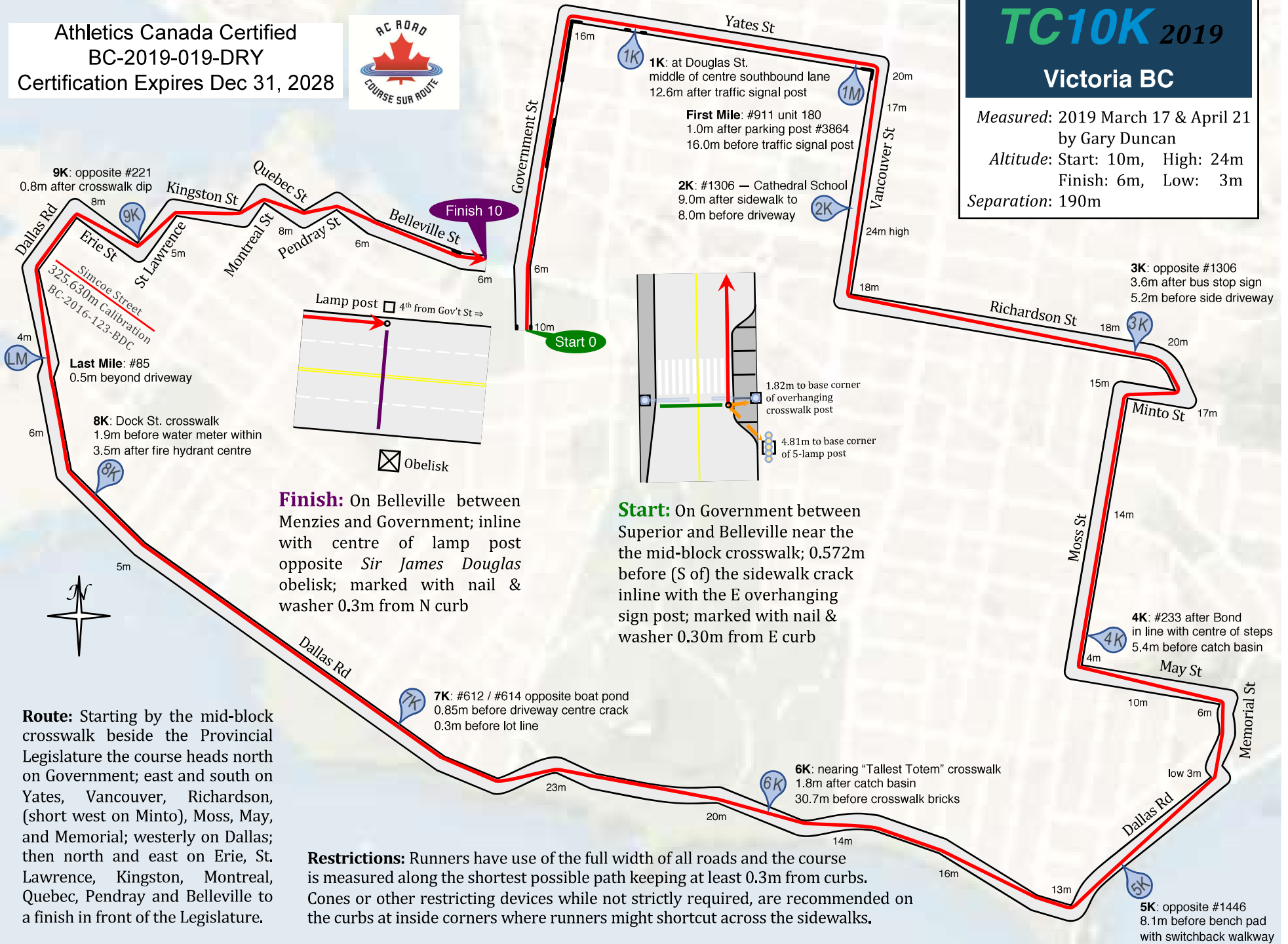


TC10K 2019
Victoria BC

Measured: 2019 March 17 & April 21
 by Gary Duncan

Altitude: Start: 10m, High: 24m
 Finish: 6m, Low: 3m

Separation: 190m



Route: Starting by the mid-block crosswalk beside the Provincial Legislature the course heads north on Government; east and south on Yates, Vancouver, Richardson, (short west on Minto), Moss, May, and Memorial; westerly on Dallas; then north and east on Erie, St. Lawrence, Kingston, Montreal, Quebec, Pendray and Belleville to a finish in front of the Legislature.

Finish: On Belleville between Menzies and Government; inline with centre of lamp post opposite *Sir James Douglas* obelisk; marked with nail & washer 0.3m from N curb

Start: On Government between Superior and Belleville near the the mid-block crosswalk; 0.572m before (S of) the sidewalk crack inline with the E overhanging sign post; marked with nail & washer 0.30m from E curb

Restrictions: Runners have use of the full width of all roads and the course is measured along the shortest possible path keeping at least 0.3m from curbs. Cones or other restricting devices while not strictly required, are recommended on the curbs at inside corners where runners might shortcut across the sidewalks.