



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course Windsor 5K Fun Run  
Certificate number NS-2018-010-DRY Distance 5.0 km Race date July 28, 2018  
City Windsor Province Nova Scotia  
Race contact name Paula James (902) 788-1236 Race contact email runnergirlpaula@gmail.com

### Course Information

Start elevation 10 m Finish elevation 10 m  
Elevation change 0.0 m/km Percent separation 1.3%

### Measurer Information

Measurer name Perry Abriel (902) 865-4665 pbenabr@gmail.com; Mary Mott  
Measurement date June 11, 2018 Expiry date December 31, 2027

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

\_\_\_\_\_  
Signature of certifier  \_\_\_\_\_  
Date June 22, 2018

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)

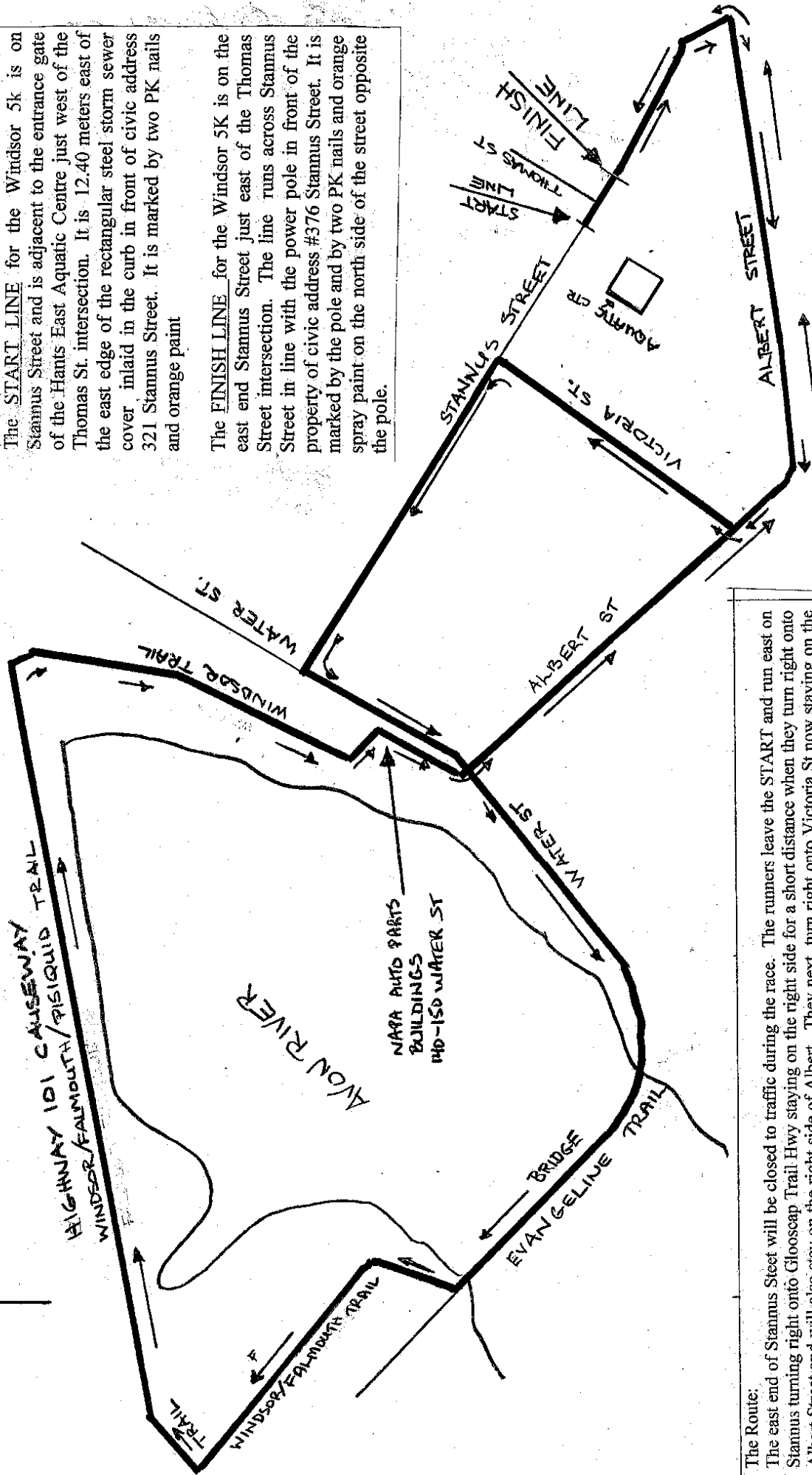


# WINDSOR NOVA SCOTIA

## Windsor 5K Fun Run

The START LINE for the Windsor 5k is on Stannus Street and is adjacent to the entrance gate of the Hants East Aquatic Centre just west of the Thomas St. intersection. It is 12.40 meters east of the east edge of the rectangular steel storm sewer cover inlaid in the curb in front of civic address 321 Stannus Street. It is marked by two PK nails and orange paint

The FINISH LINE for the Windsor 5K is on the east end Stannus Street just east of the Thomas Street intersection. The line runs across Stannus Street in-line with the power pole in front of the property of civic address #376 Stannus Street. It is marked by the pole and by two PK nails and orange spray paint on the north side of the street opposite the pole.



**The Route:**  
 The east end of Stannus Street will be closed to traffic during the race. The runners leave the START and run east on Stannus turning right onto Glooscap Trail Hwy staying on the right side for a short distance when they turn right onto Albert Street and will also stay on the right side of Albert. They next turn right onto Victoria St now staying on the left side, turn left onto Stannus St, next turning left onto Water street staying on the left side. Running a short distance westerly on Water St. they will be safely crossed (just before the medical building) to the sidewalk on the right side of Water St continuing westerly across the bridge over the Avon river staying on the sidewalk. Next they will turn onto the Windsor/ Falmouth/Pisiquid Trail and will follow the trail around the Avon River (Pisiquid Lake) across the Windsor causeway. After the causeway they turn right keeping on the crusher dust trail a short distance to the paved portion and continue along the trail along the river and next they will turn left and come up through the alley between the two NAPA Auto Parts buildings (civic #'s 140 and 150). They will turn right along Water street and almost immediately be safely crossed across Water St and then turned left onto Albert Street. They will run along Albert St turning left onto Glooscap Trail Hwy and then left onto Stannus St to the Finish Line on Stannus St.

Athletics Canada Certified  
 NS-2018-010-DRY

Certification Expires Dec 31, 2027

