



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier  _____
Date _____

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca

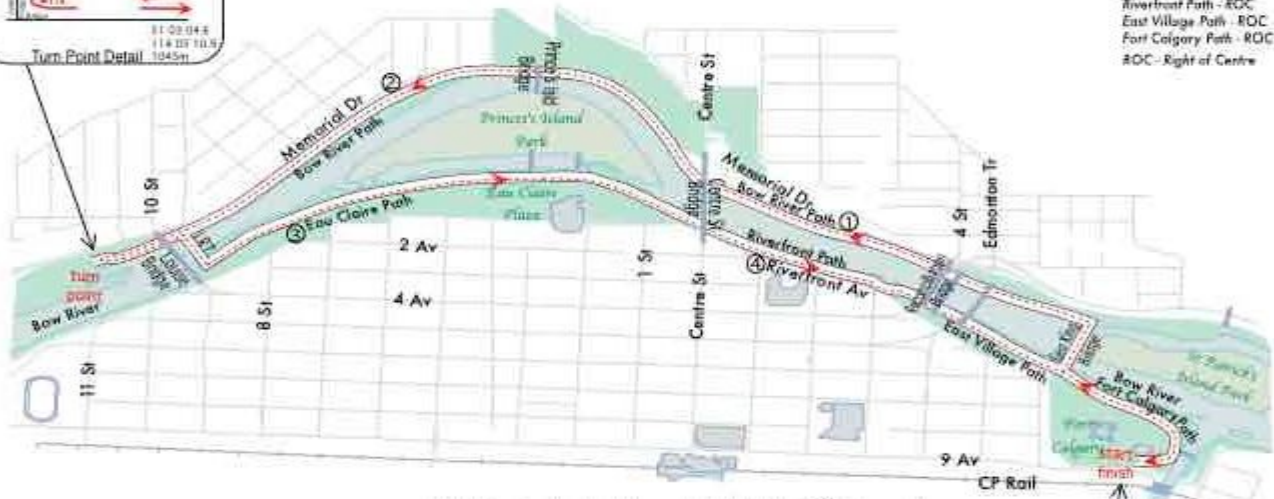




Calgary Run for L'Arche
 5 Mile
 Measure Map

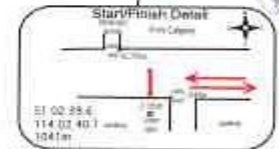


- Fort Calgary Path - ROC
- Geo King Bridge - ROC
- Memorial Dr Path N - ROC
- hmt point
- Memorial Dr Path N - ROC
- 187 Bridge w/p - ROC
- Eau Claire Path S - ROC
- Riverfront Path - ROC
- East Village Path - ROC
- Fort Calgary Path - ROC
- ROC - Right of Centre



start/finish	Fort Calgary
1 mi	51 02 39.6 114 02 40.1 1041m
2 mi	51 03 06.9 114 03 23.4 1043m
2 mi	51 03 24.4 114 04 32.5 1046m
7/A	51 03 04.6 114 05 10.9 1045m
3 mi	51 03 07.9 114 04 49.6 1048m
4 mi	51 03 04.9 114 03 34.9 1044m

All split locations (each mile) are marked, photo taken, GPS referenced and measured to a permanent object, where available.
 From start line at Fort Calgary to the turn around and return to Fort Calgary all corners are to be coned and marshalled.
 This course is measured to the guidelines defined by governing bodies Athletics Canada.
 Course Measurer: Marcel LaMontagne 403.874.1185.
 Course Measured: October 30, 2018



5 Mile

Start Line	51 02 39.6 114 02 40.1 1041m	Fort Calgary, east side of parking area adjacent to facility. In line with street light at centre boulevard 2.150m on north side of light, 1.040m from curb end of walkway, 10.770m from curb end to north of handicap access ramp to facility.
1 mile	51 03 06.9 114 03 23.4 1043m	Bow River pathway adjacent to Memorial Dr NE. Mid pt between 4th St & Centre St. 5.9m from street light on north side of pathway.
2 mile	51 03 24.4 114 04 32.5 1046m	Bow River pathway adjacent to Memorial Dr NW, in line with 704. 6.2m from manhole on roadway, 10.1m hydro transformer west of and on south side of pathway.
turn around	51 03 04.6 114 05 10.9 1045m	Bow River pathway adjacent to Memorial Dr NW at Poppy Plaza access from pathway. 8.880m west of from stone corner on north side of pathway, 2.840m from canopy overhead (line with) (west end) over pathway.
3 mile	51 03 07.9 114 04 49.6 1048m	Eau Claire pathway/promenade adjacent to Bow River. 11.6m from utility cabinet at pathway to south, 16.3 from obelisk monument on south side of pathway.
4 mile	51 03 04.9 114 03 34.9 1044m	Bow River pathway adjacent to Riverfront Av SE. At pathway (west side) to 1 Street SE. 3.3m from street light on south side of pathway.
Finish	51 02 39.6 114 02 40.1 1041m	Fort Calgary, east side of parking area adjacent to facility. In line with street light at centre boulevard 2.150m on north side of light, 1.040m from curb end of walkway, 10.770m from curb end to north of handicap access ramp to facility.

All splits identified by a mag nail, chalk marked and referenced to a permanent object.
 GPS co-ordinates equate to: Latitude, Longitude, Elevation

Measured October 30, 2018
 Marcel LaMontagne
 Course Measurer, A
 Athletics Canada/IAAF/AIMS
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