



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Pride & Remembrance Run 5 km
Certificate number ON-2017-036-BDC Distance 5 km Race date June 242017
City Toronto Province ON
Race contact name Nathan Monk Race contact email racedirector@priderun.org

Course Information

Start elevation 108 m Finish elevation 108 m
Elevation change 0 m/km Percent separation 0

Measurer Information

Measurer name Peter Pimm Scarborough, ON peterpimm@aol.com
Measurement date May 24/2017 Expiry date Dec. 31/2026


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

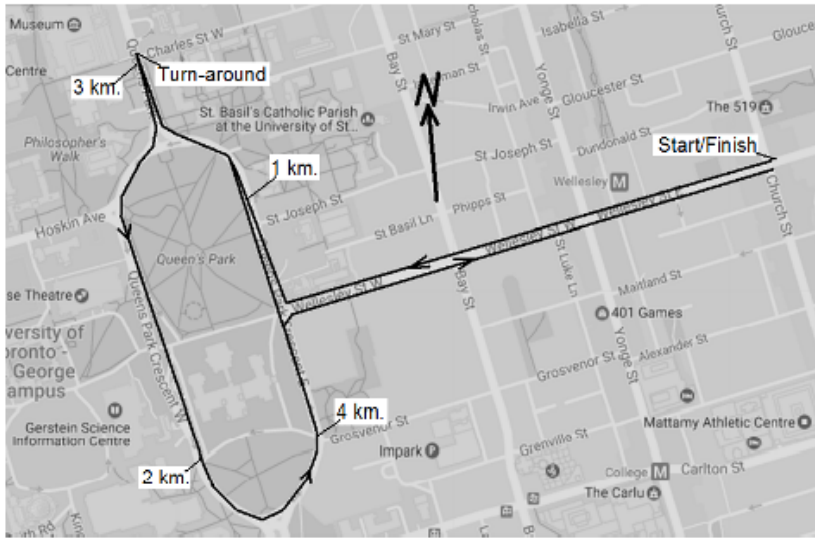

Signature of certifier

June 1/2017
Date

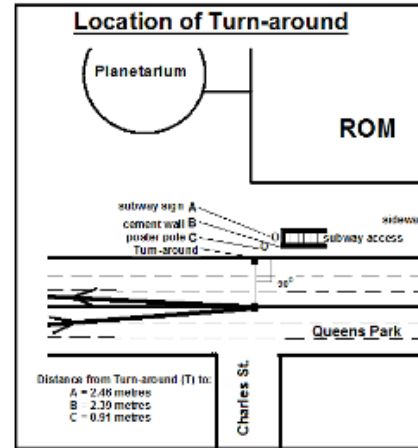
Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Pride & Remembrance Run – 5 km. – Toronto June 24, 2017

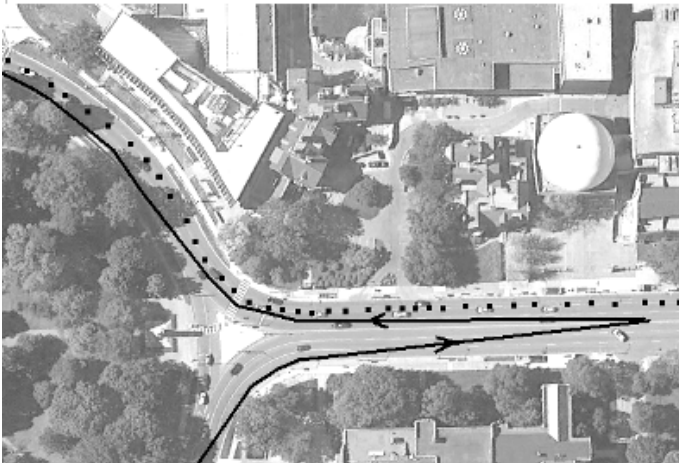


2 Laps for 5 km



Route Description of the Pride and Remembrance Run

- **Start/Finish** - on Wellesley St. on the east side of Church St. intersection - go west in the westbound lanes (not the designated bike lane) to
- Queens Park Crescent East, then turn north using entire northbound lanes continuing on to
- Queens Park to the **Turn-around** at the intersection of Charles St. back on to
- Queens Park - go south and continue south on Queens Park then continuing south on to
- Queens Park Crescent West using all lanes EXCEPT the curb lane on the west side of road and then go east in the curb lane around the bottom of Queen's Park to
- Queens Park Crescent East - then north using all northbound lanes to Wellesley and then do the same lap again back to
- Wellesley St. - then turn east in the eastbound lanes (not the designated bike lane) to
- **Start/Finish** - on Wellesley St. on the east side of Church St. intersection



Split Locations of the Pride and Remembrance Run

- Start & Finish** - on Wellesley Street - about 7 metres east of Church St. - at the west edge of the SECOND sewage grate east of Church St.
- 1 km.** - on Queens Park Crescent East - about 35 metres north of St. Joseph St. - across from Gate #57 entrance to St. Michael's College - 8 metres south of sewer grate
- 2 km.** - on Queens Park Cres. West - at south side of driveway - 1 metre north of sewer grate on driveway
- 3 km.** - on west side of Queens Park - about 1.5 meters south of Charles St. - 1 metres south of metal stand's base for newspapers - 8.5 metres north of street light pole
- 4 km.** - on Queens Park Cres. East - north edge of driveway - 1 metre south of sewer grate



Athletics Canada Certified
ON-2017-036-BDC
 Certification Expires Dec. 31/2026