



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course Run 4 Your Cause 10 km  
Certificate number MB-2017-050-BDC Distance 10 km Race date Aug. 27/2017  
City Winnipeg Province MB  
Race contact name Krista Waring Race contact email run4yourcause@gmail.com

### Course Information

Start elevation 237 m Finish elevation 237 m  
Elevation change 0 m/km Percent separation 1.2

### Measurer Information

Measurer name Murray Rose Winnipeg mvrose@shaw.ca 204-253-1934  
Measurement date June 5/2017 Expiry date Dec. 31/2026

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

 June 14/2017  
Signature of certifier Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# Run 4 Your Cause 10 Km



Athletics Canada Certified  
**MB-2017-050-BDC**  
 Certification Expires Dec. 31/2026



Winnipeg, Manitoba

**Course Description: 2 Laps course**  
 Start on service rd Eastbound  
 Turn left onto path (North)  
 Turn left onto path at Corydon (West)  
 Turn left at Chalfont Rd (South)  
 Turn left onto path at Grant (East)  
 Continue onto path at trail intersection (B)  
 Turn left onto path at Shaftesbury Blvd (North)  
 Continue straight at intersection A (North)  
 Do second lap same as first back to A  
 Turn left at service rd and proceed to finish line (West)

**Km Split Points:**  
 1 K: 6 m west Hydro Pole 2-045-651  
 2 K: 26 m East Commissary Rd  
 3 K: At black light pole-364 Chalfont  
 4 K: 10 m East Light Pole 2-045-647  
 5 K: 28 m North Driveway exit  
 6 K: 16 m east green electrical box  
 7 K: West edge of culvert fence  
 8 K: At hydrant-396 Chalfont  
 9 K: 21 m east 2 large tree set on Blvd

