



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Dairy Capital 10 km Run
Certificate number ON-2016-011-DRY Distance 10 km Race date May 28, 2017
City Woodstock Province Ontario
Race contact name Rebecca Farrell Race contact email rfarrell@wgh.on.ca

Course Information

Start elevation 287 m Finish elevation 287 m
Elevation change 0 m/km Percent separation 1.5%

Measurer Information

Measurer name Bernard Conway
Measurement date November 7 and 10, 2016 Expiry date December 31, 2026

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

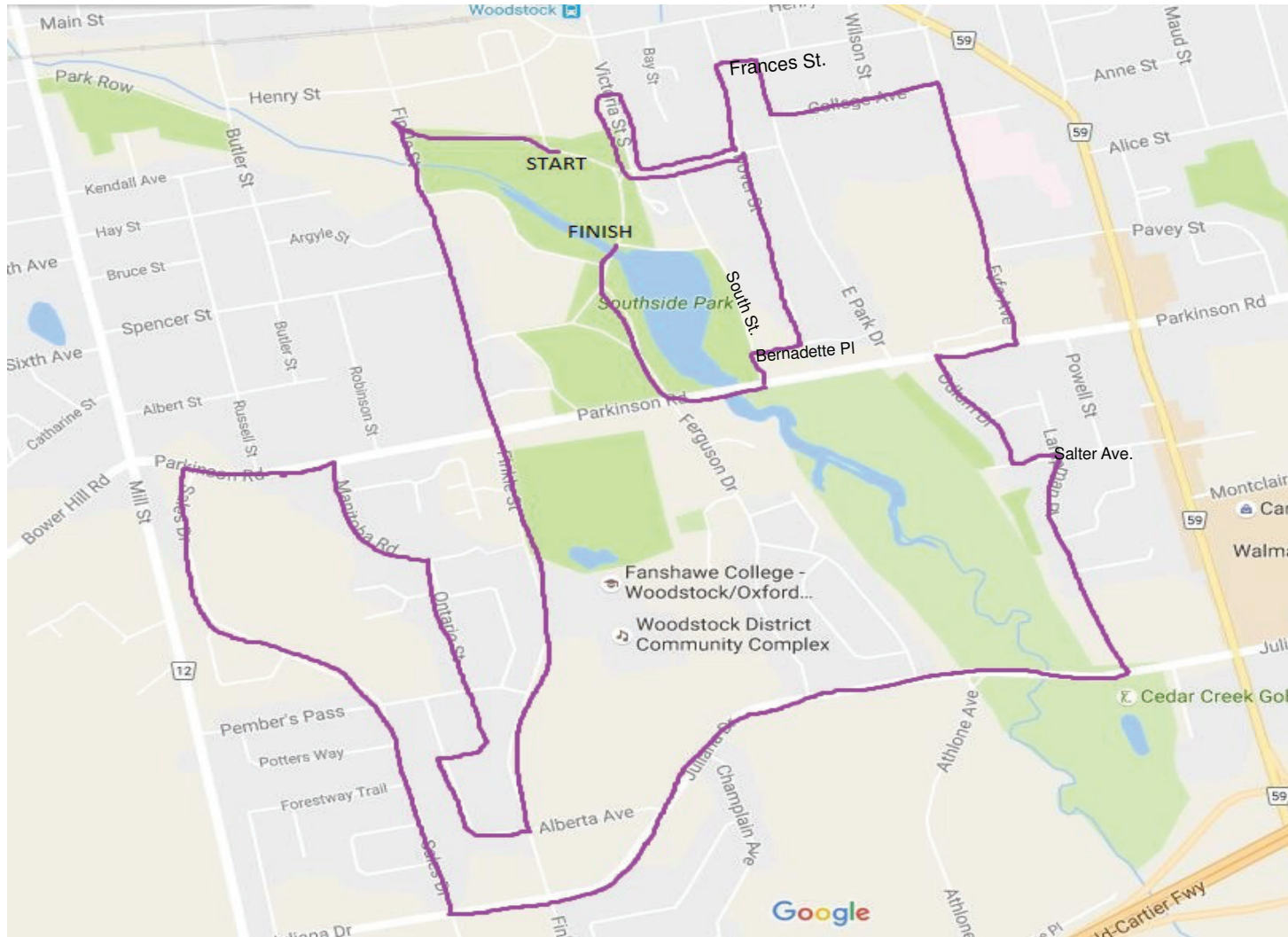
As Nationally Certified by

Signature of certifier  _____
November 15, 2016
Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



Dairy Capital 10 km Run



Athletics Canada Certified
ON-2016-011-DRY
Certification Expires Dec 31, 2026

Road Constraints

Geoghegan's Way – entire road
Finkle St. - east bike lane
Finkle St. from last curve before Alberta Ave. entire road
Alberta Ave. - entire road
Ontario St. - entire road
Manitoba Rd. - entire road
Parkinson Rd. - south bike lane
Sales Dr. - entire road
Juliana Dr. - north sidewalk
Lampman Pl. - entire road
Salter Ave. - entire road
Odium Dr. - entire road
Parkinson Rd. - entire road
Fyfe Ave. - entire road
College Ave. entire road
E Park Dr. - entire road
Frances St. - entire road
Dover St. - entire road
Walter St. right of centre
Victoria St. S – right of centre
Turnaround
Victoria St. S – right of centre
Walter St. - right of centre
Dover St. - entire road
Bernadette Pl – entire road
South St. entire road
Parkinson Rd. - entire road
Roads in Southside Park – entire road

Start – 30.75 m south of south side of washroom between two ball diamonds on east side of Southside Park on ring road.

1 km – 16 m south of Parkinson on Finkle St.

2 km – 1 m south of 585 Alberta Ave.

3 km – opposite hydro pole W01292 at west end of 336 Parkinson Rd.

4 km – 5 m north of south side of 569 Sales Dr., 30 m north of Forestway Trail.

5 km – 7.5 m south of driveway on sidewalk at south entrance to St. Marys HS on Juliana Dr.

6 km – 13 m north of Rideau Rd. on Lampman Pl.

7 km – 6 m north of south side of 103 Fyfe Ave.

8 km – 35 m west of Dover St. on Walter St.

Turnaround – even with the north side of 163 Victoria St., approximately 32 m south of Henry St.

9 km – opposite centre of driveway at 122 Dover St.

10 km/Finish – in line (east-west) with the front of the "Navy League & Sea Cadets" building, in line (north-south) with the back of the parking spaces along the ring road in Southside Park.

Note – from Victoria left turn starts at centre of Victoria road and the north side of Walter St. and finishes right of centre on Walter and the east side of Victoria.