



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course East St. Paul 10 km

Certificate number MB-2016-040-BDC

Distance 10 km

Race date July 1/2016

City East St. Paul

Province MB

Race contact name Dave Lipchen

Race contact email trigeekcanada@hotmail.com204

### Course Information

Start elevation 233 m

Finish elevation 233 m

Elevation change 0 m/km

Percent separation 0.6

### Measurer Information

Measurer name Murray Rose mvrose@shaw.ca

Measurement date May 9/2016

Expiry date Dec. 31/2025

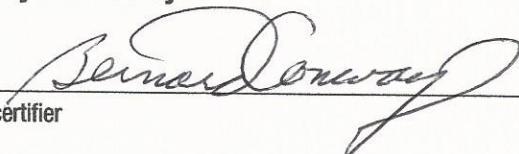
### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

  
Signature of certifier

May 20/2016

Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# East St. Paul 10 Km

Athletics Canada Certified

**MB-2016-040-BDC**

Certification Expires Dec. 31/2025

**Course:**

- Start on Hoddinott (south east)
- Turn right on Dorcon (south west)
- Turn left on Terrace (south east)
- Continue south east on Applecross
- Turn right on Raleigh (south west)
- Turn right on Thyme (west)
- Turn right on Woodstone (north west)
- Turn left on Eagle Creek (south)
- Follow bike path west, south, east, north east, north west
- Path ends and turn right on Woodstone (north east)
- Turn right on Thyme (north)
- Turn left on Raleigh (north east)
- Turn left on Applecross (north west)
- Turn right on Tweedsdale (north east then north west)
- Turn right on Orkney (north east)
- Turn left on Bike path on south side of Hoddinott (north west)
- Continue on Bike path to finish line

**Km Splits:**

- 1 K: 2 m west driveway at 245 Terrace
- 2 K: west edge of driveway at 848 Applecross
- 3 K: 20 m south west second hydro pole South of Rail Tracks
- 4 K: west edge of driveway at 49 Woodstone
- 5 K: 5 m east trail intersection beside pond
- 6 K: 5 m north of last tree at top of hill
- 7 K: 25 m north east of rail tracks
- 8 K: 5 m west Hydrant at Orkney
- 9 K: 2 m south east of green electrical box at 648 Hoddinott

