



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Goodlife Fitness Toronto 10 km
Certificate number ON-2012-169-BDC Distance 10 km Race date May 1/2016
City Toronto Province ON
Race contact name Jay Glassman Race contact email jay@torontomarathon.com

Course Information

Start elevation 105 m Finish elevation 77 m
Elevation change -2.8 m/km Percent separation 51

Measurer Information

Measurer name Dave Yaeger
Measurement date Aug. 29/2015 Expiry date Dec. 31/2021

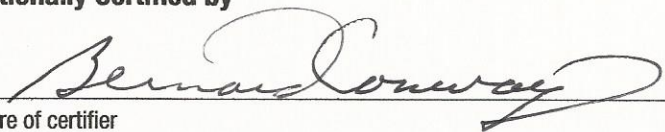
Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

 Sept. 9, 2015
Signature of certifier Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



GOODLIFE FITNESS TORONTO 10K – 2016

- Start Alymer Ave – W side near Pole 27. N of Severn St. See detail.
- 1 km Rosedale Valley Rd – W side 9.0m S of Pole 100 on E side. S of 3rd Overpass.
- 2 km Rosedale Valley Rd – W side 14.3m S of Pole 169.
- 3 km Bayview Ave – W side 19.8m S of Fire Hydrant S of Overpass S of River St.
- 4 km Lower River St – E side 1.0m S of Stop Sign at Lawren Harris Sq.
- 5 km Front St – N side 10.3m W of Pole 146. E of Parliament St.
- 6 km Front St – N side 4.6m E of Black Light Pole at E side of Church St.
- 7 km Wellington St – N side 6.1m W of Traffic Light at E side of Simcoe St. At centre of Hydro Maintenance Hole Cover.
- 8 km Front St – N side at centre of Main Entrance to Globe & Mail building.
- 9 km Fort York Blvd – N side 6.4m W of 3rd Light Pole W of Gardiner Overpass. E of Bastion St on S side.
- 10 km Ontario Place Blvd – W side approx 20 m N of Parking Lot entrance on W side. See detail.

Measurement and Map
 Dave Yaeger
 September 2015
 dave.yaeger1@gmail.com



Athletics Canada Certified
ON-2012-169-BDC
 Certification Expires Dec. 31/2021

