



*Athletics Canada/Run Canada*  
**Measurement Certificate**

Name of the course La Grande Vadrouille Distance 5 km  
Location (city) Vaudreuil (province) QC  
Type of course: road race  calibration track Configuration: Loop (1 lap)  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 25 m Finish 25 m Highest 27 m Lowest 23 m  
Straight line distance between start & finish 350 m Drop 0 m/km Separation 7 %  
Measured by (name, address, phone & e-mail) Christine Bush & Mark McGowan  
1580 Surrey, Dorval, QC, H9P 1W8 514-538-1222 cbush@videotron.ca  
Race contact (name, address & phone) Jean Pierre Champagne  
26 rue EMard, Vaudreuil-Dorion, QC, J7V 7N9 450-424-0096  
Measuring Methods: bicycle  steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: Sept. 8/2014  
Race date: 3<sup>rd</sup> Sunday in Sept. Course paperwork submission date: Oct. 23/2014  
Expires: Dec. 31/2023 (if applicable) Certification code: QC-2014-128-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

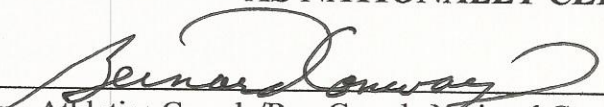
### *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2023*

**AS NATIONALLY CERTIFIED BY:**

  
Bernard Conway - Athletics Canada/Run Canada National Certifier Date: Oct. 31/2014  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

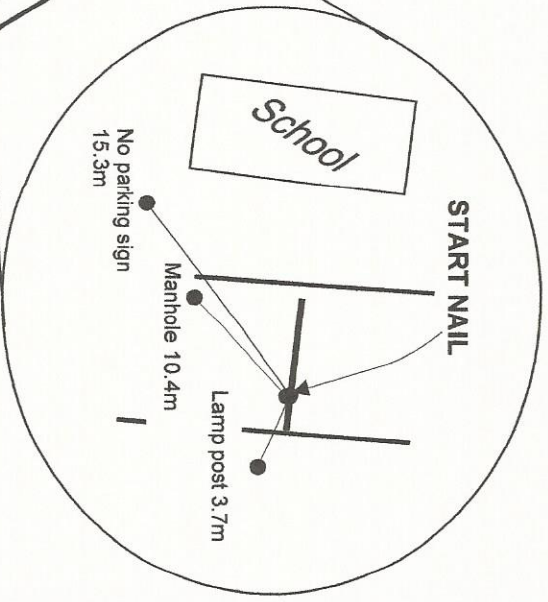
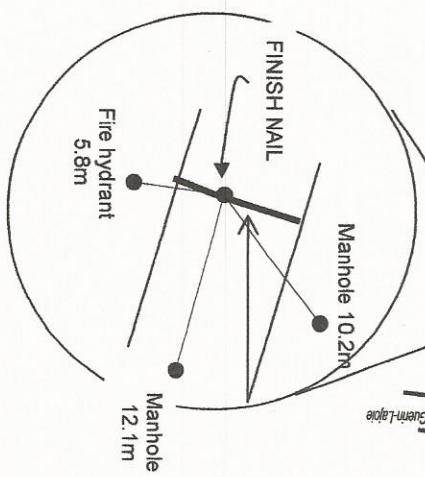
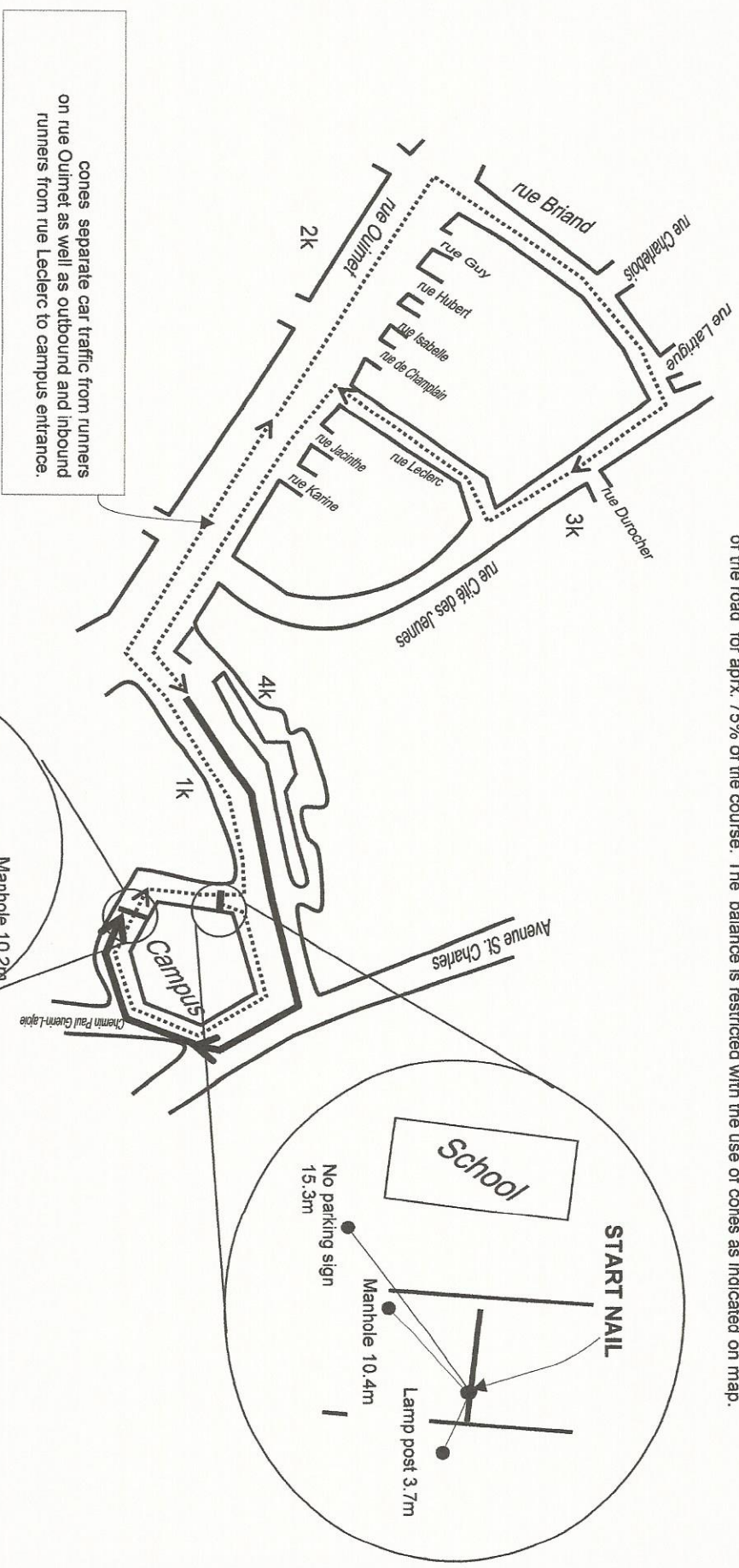
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# La Grande Vadrouille 5K

Notes:

Measured on Sept. 8, 2014 by Mark McGowan and Christine Bush

Course start finish area is at Polyvalente Cité des Jeunes campus and is run entirely on paved city streets. Runners have run of the road for appr. 75% of the course. The balance is restricted with the use of cones as indicated on map.



Athletics Canada Certified

**QC-2014-128-BDC**

Certification Expires Dec. 31/2023