



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Longboat 5 K Distance 5 km
Location (city) Centre Island, Toronto (province) Ontario
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 75 m Finish 75 m Highest 75 m Lowest 75 m
Straight line distance between start & finish 20 m Drop 0 m/km Separation 0.4 %
Measured by (name, address, phone & e-mail) Keith Secor 32 Calvert Close
Kitchener, ON, N2R 1A2 226-747-7882
Race contact (name, address & phone) Lynn Borque 65 Westmoreland Ave.
Toronto, ON, M6H 2T1 416-931-0261
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: July 21/2014
Race date: Sept. 7/2014 Course paperwork submission date: Aug. 5/2014
Expires: Dec. 31/2023 (if applicable) Certification code: ON-2014-088-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

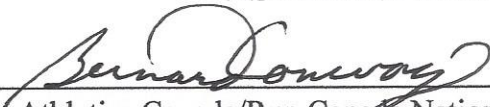
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2023

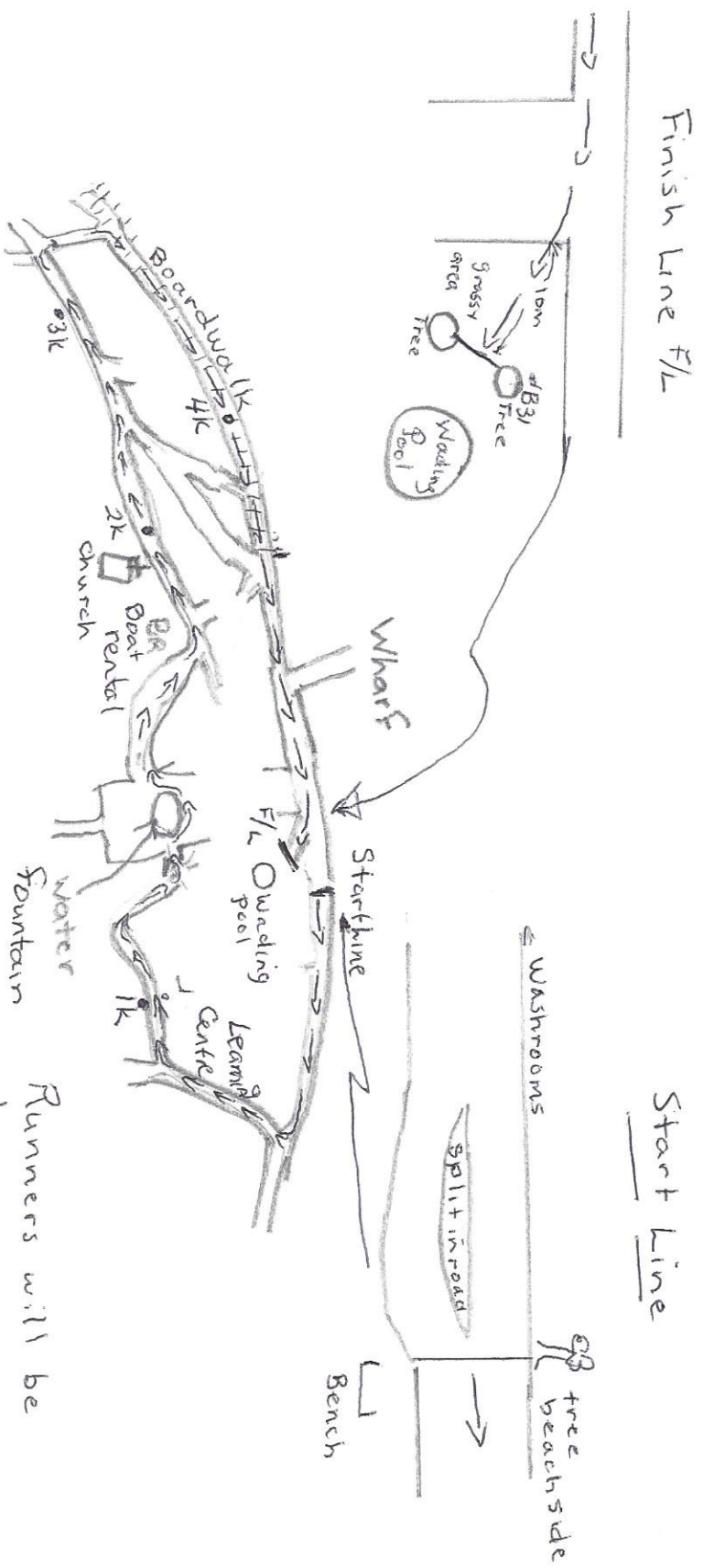
AS NATIONALLY CERTIFIED BY:

 Date: Aug. 23/2014
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Longboat 5K Race Route - Toronto Islands

North



Runners will be directed to go around the water fountain on the south side

Athletics Canada Certified

ON-2014-088-BDC

Certification Expires Dec. 31/2023