



Athletics Canada/Run Canada Measurement Certificate

Name of the course Around the Bay 30 km Distance 30 km
 Location (city) Hamilton (province) Ontario
 Type of course: road race calibration track Configuration: Loop
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Elevation (meters above sea level) Start 96 m Finish 93 m Highest 105 m Lowest 75 m
 Straight line distance between start & finish 300 m Drop 0.1 m/km Separation 1 %
 Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, ON, N6J 1S8 519-641-6889
 Race contact (name, address & phone) Michael Zajezenko 1439 Upper Ottawa St.
Unit 3, Hamilton, ON, L8W 3J6 905-570-2299
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: May 26 & July 14/2013
 Race date: March 30/2014 Course paperwork submission date: July 1/2013
 Expires: Dec. 31/2022 (if applicable) Certification code: ON-2013-075b-BDC

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

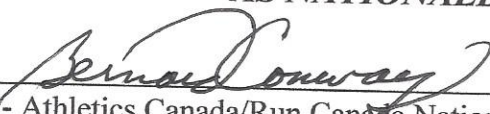
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2022

AS NATIONALLY CERTIFIED BY:

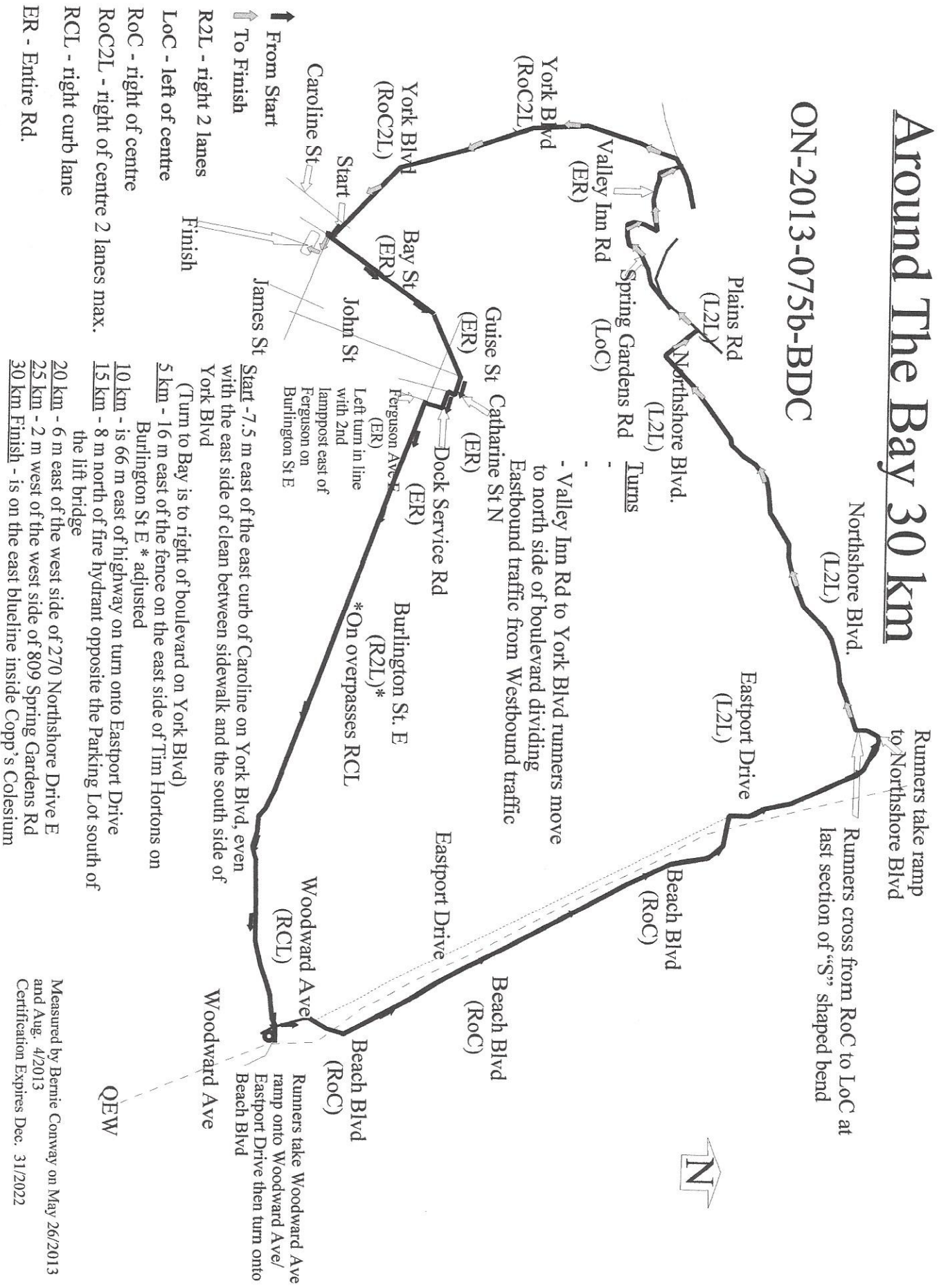


Bernard Conway - Athletics Canada/Run Canada National Certifier Date: Aug. 5/2013
 - IAAF/AIMS Grade A Measurer
 - USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
 Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Around The Bay 30 km

ON-2013-0755b-BDC



- ER - Entire Rd.
- RCL - right curb lane
- RoC2L - right of centre 2 lanes max.
- RoC - right of centre
- LoC - left of centre
- R2L - right 2 lanes
- To Finish
- From Start

- 20 km - 6 m east of the west side of 2770 Northshore Drive E
- 25 km - 2 m west of the west side of 809 Spring Gardens Rd
- 30 km Finish - is on the east blue line inside Copp's Coliseum
- 15 km - 8 m north of fire hydrant opposite the Parking Lot south of the lift bridge
- 10 km - is 66 m east of highway on turn onto Eastport Drive
- 5 km - 16 m east of the fence on the east side of Tim Hortons on Burlington St E * adjusted
- (Turn to Bay is to right of boulevard on York Blvd)
- Start - 7.5 m east of the east curb of Caroline on York Blvd, even with the east side of clean between sidewalk and the south side of York Blvd

Measured by Bernice Conway on May 26/2013 and Aug. 4/2013
 Certification Expires Dec. 31/2022