



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Sport Chek Mothers Day 10 km Distance 10 km
Location (city) Calgary (province) Alberta
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 1056 m Finish 1058 m Highest 1073 m Lowest 1050 m
Straight line distance between start & finish 148 m Drop -0.2 m/km Separation 1.5 %
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Rd. SW
Calgary, Alberta, T2V 3M2 403-874-1185 and Bill Wylie
Race contact (name, address & phone) Todd Birss 824, 41st Ave. NE
Calgary, Alberta, T2E 3R3 403-717-1358 tbirss@forzani.com
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 10/2011
Race date: May 8/2011 Course paperwork submission date: April 16/2011
Replaces: _____ (if applicable) Certification code: AB-2011-016-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

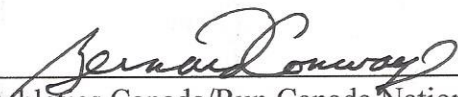
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: April 17/2011

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Sport Chek Mother's Day 10.0km
Calgary, AB



AB-2011-016-BDC

- Chinook Centre - Start
- Macleod Trail - LOC
- Mission Rd - LOC
- 4 Street - LOC
- Elbow Dr - LOC
- Lansdowne Ave - LOC
- Crescent Blvd - LOC
- 4 Street - ROC
- 46 Ave - LOC
- 47 Ave - ER
- Elbow Dr - LOC
- 58 Ave - ROC
- 5 Street - ROC
- Glenmore Tr - LOC
- Chinook Centre - ER
- finish

- ER - Entire Road
- ROC - Right of Centre
- RCL - Right Curb Lane
- LOC - Left of Centre
- LCL - Left Curb Lane

- start Chinook Centre, 61 Ave, 30m south xw
- 50 59 50.2 114 04 18.5 1056m
- km 1.0 Macleod Tr * 53 Ave, 25m north
- 51 00 21.5 114 04 11.0 1055m
- km 2.0 Macleod Tr * 43 Ave, 10m north
- 51 00 52.1 114 03 54.9 1050m
- km 3.0 Mission Rd * Parkhill St, 60m east
- 51 01 20.0 114 03 47.0 1061m
- km 4.0 4 Street * Roxboro Rd
- 51 01 41.7 114 04 17.6 1051m
- km 5.0 Elbow Dr * 32 Ave, 30m south
- 51 01 28.6 114 04 42.5 1052m
- km 6.0 Lansdowne Ave * 5A Street, 25m west
- 51 00 57.5 114 04 37.4 1062m
- km 7.0 46 Ave * 5 Street
- 51 00 44.1 114 04 35.1 1071m
- km 8.0 Elbow Dr * b/t 53 & 54 Ave, 10m south ally
- 51 00 20.7 114 04 52.5 1073m
- km 9.0 5 Street, north entrance to Chinook
- 50 59 59.6 114 04 34.6 1065m
- finish Chinook Centre, east entrance access
- 50 59 47.1 114 04 23.1 1058m

All split locations (each km, mile out/remains) are marked with a mag nail, painted, photo taken, GPS referenced and measured to a permanent object.

From start line at City Park to finish line at same location all corners are to be coned and marshalled.

This course is measured to the guidelines defined by governing bodies Athletics Canada, IAAF & AIMS.

Course Measurer: Marcel LaMontagne 403.874.1185

Course Measured: April 10, 2011

