



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Marathon Carl Girard Distance 42.195 km
Location (city) Sept-Iles (province) QC
Type of course: road race calibration track Configuration: Out/Back (4 laps)
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 3 m Finish 3 m Highest 12 m Lowest 3 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Gilles Cormier 241 Parent Nord
Rimouski, QC, G5L 6P2 418-723-9082
Race contact (name, address & phone) Simon Bouchard 146 De Quen
Sept-Iles, QC, G4R 2P3 418-962-0640
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: July 19, 2009
Race date: _____ Course paperwork submission date: Nov. 24, 2009
Replaces: _____ (if applicable) Certification code: QC-2009-136-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

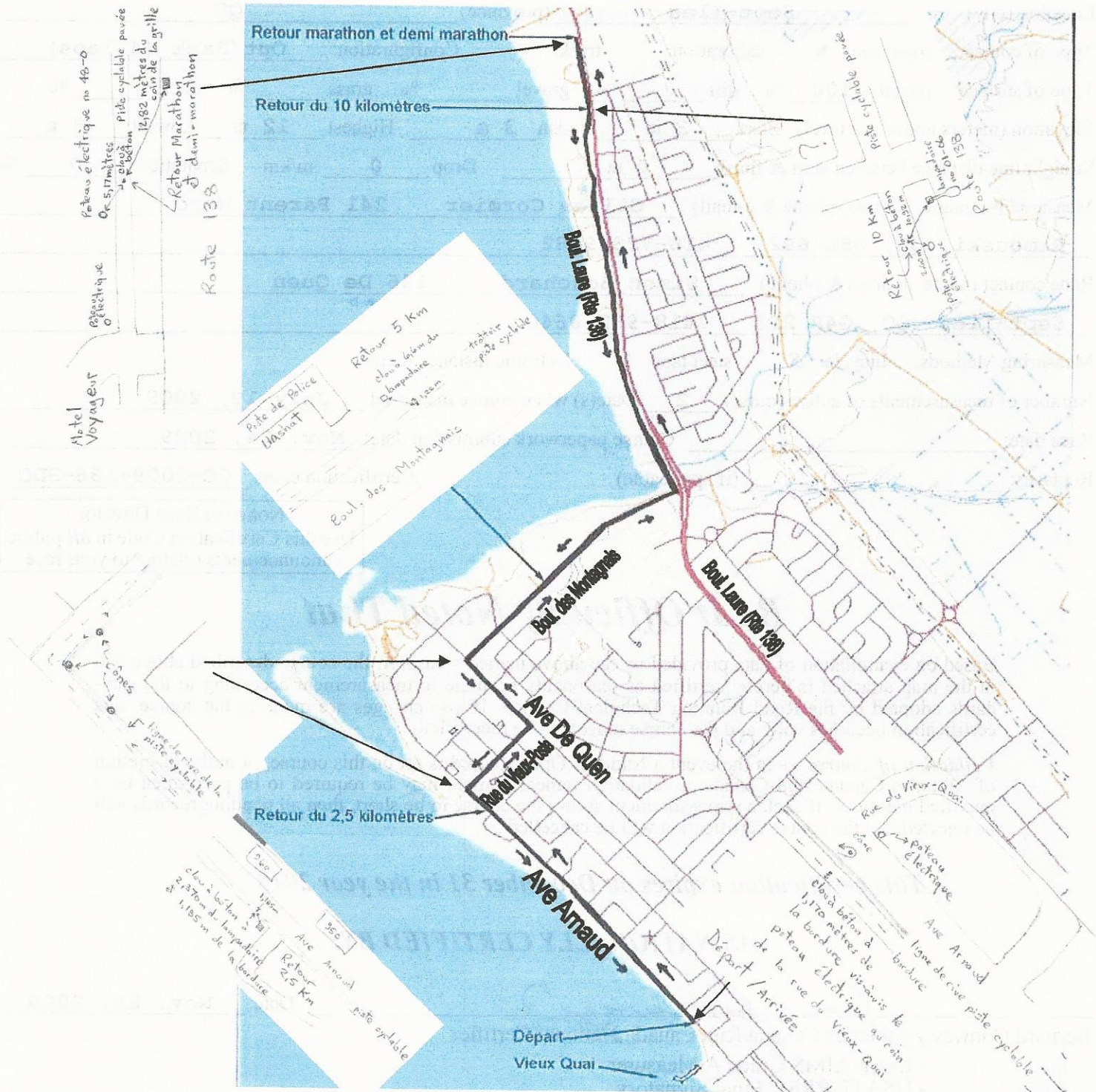
Date: Nov. 26, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Marathon Carl Girard, Sept-Iles QC

Parcours aller-retour à compléter 4 fois pour le marathon et 2 fois pour le demi-marathon. Le parcours est mesuré sur la piste cyclable longeant les rues Arnaud, du Vieux-Poste, De Quen et boulevard des Montagnais selon la plus courte trajectoire possible entre 300 mm de la bordure de béton et la ligne de rive séparant la piste cyclable de la rue, puis selon la plus courte trajectoire possible en utilisant toute la surface pavée de la piste cyclable hors-chaussée longeant la route 138 jusqu'au point de retour au nord du Motel Voyageur. Mesuré le 19 juillet 2008 par Gilles Cormier et Simon Bouchard.



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