



Athletics Canada/Run Canada Measurement Certificate

Name of the course Ile Charron 5 K Distance 5 km

Location (city) Boucherville (province) QC

Type of course: road race calibration track Configuration: Partial Loop

Type of surface: paved % dirt % gravel 100 % grass % track %

Elevation (meters above sea level) Start 0 m Finish 0 m Highest 0 m Lowest 0 m

Straight line distance between start & finish 314 m Drop 0 m/km Separation 6.3 %

Measured by (name, address, phone & e-mail) Cindy New 3637 Coloniale
Montréal, QC, H2X 2Y7

Race contact (name, address & phone) Robert Marcoux c/o Running Room
Ile Charron, QC

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: May 9, 2009

Race date: _____ Course paperwork submission date: June 2, 2009

Replaces: _____ (if applicable) Certification code: QC-2009-057-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

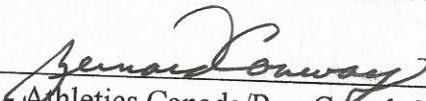
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

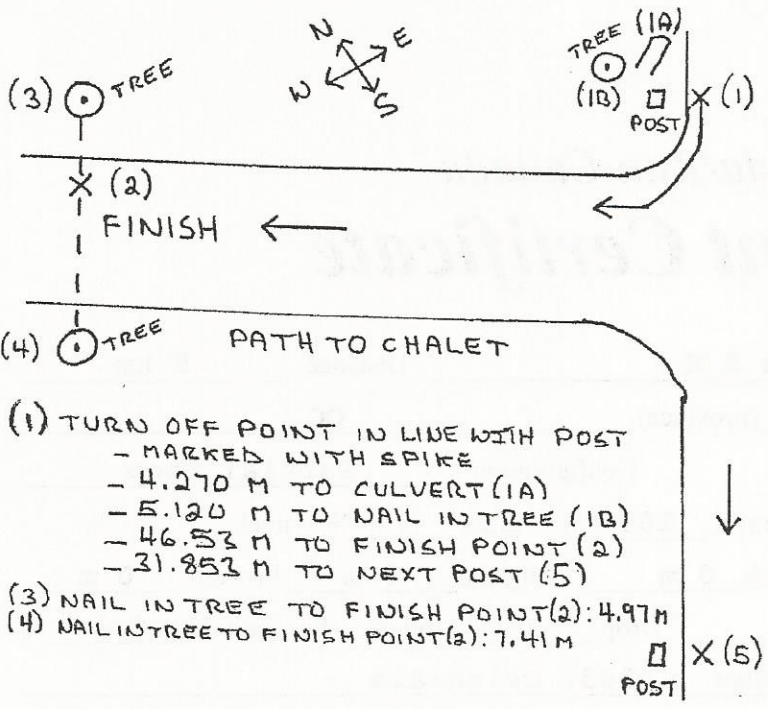
AS NATIONALLY CERTIFIED BY:



Bernard Conway Athletics Canada/Run Canada National Certifier Date: June 9, 2009

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



RUNNING ROOM
 ILE CHARRON
 5 K
 (1 LOOP)

QC-2009-057-BDC

